BOOK CATALOG · ENGLISH

# Gloria Álvarez

Political scientist · Author · International speaker

Her four books move from populism and ideological dialogue to the human cost of digital exposure. Álvarez is a graduate with honors in International Relations and Political Science from Universidad Francisco Marroquín and has spoken across four continents, according to her press materials.




## 01 El engaño populista

The Populist Deception

2016 · Ariel / Grupo Planeta México

ISBN 978-607-747-228-5

Coauthored with Axel Kaiser. A study of populist rhetoric and its consequences in Latin America.

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## 02 Cómo hablar con un progre

How to Talk to a Leftist or Progressive

2017 · Ariel / Grupo Planeta México

ISBN 978-607-747-441-8

A discussion of arguments, language and assumptions in contemporary left-wing debate.

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Amazon links to a different Spanish edition from the Mexican ISBN shown here.

## BOOKS BY GLORIA ÁLVAREZ




### 03 Cómo hablar con un conservador

How to Talk to a Conservative
2019 · Ariel / Grupo Planeta México
ISBN 978-607-747-717-4

An examination of where liberal and conservative positions differ, especially on individual choice.

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### 04 Cómo defender la libertad y no suicidarte en el intento

How to Defend Freedom Without Losing Yourself
2025* · Epicbook / Agapea Ediciones
ISBN 978-607-2612-74-7

A personal account of cyberbullying, public exposure and emotional resilience in the digital age.

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*The supplied editorial catalog lists 2025 for the fourth book; an earlier kit indicates 2026. Publication year awaits confirmation.

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